



**20**  
**DAYS**

Bangkok  
Samut Songkram  
Kanchanaburi  
Surat Thani  
Khao Sok  
Koh Tao  
Hua Hin

# THAILAND

## SLOW BROCHURE

## Rediscovering The Art of Slow Travel

What is the art of slow travel? Thailand has mastered the art of slow travel; you can immerse yourself in the local cultures and explore the many exponential experiences on offer using transportation methods that enable you to enjoy the journey.

We all aim to be responsible travellers and to leave a light carbon footprint behind us. In Thailand, we have created itineraries that enable visitors to enjoy the whole slow travel experience from start to finish!

Whether you travel overland by train or by car, you can spend time in one destination to immerse yourselves. We are lucky as Thailand; the country is as diverse as its cultures. Let us show you how to practice the art of slow travel here in Thailand...



## Day 1

# Bangkok Arrival

Welcome to Thailand!

## Day 2 - 3

# Bangkok

Visitors often see Bangkok as an enormous modern metropolis, full of expressways, massive shopping malls and skyscrapers, but there is another (more hidden) side which clearly shows the origins of its people who still believe in traditions from years gone by. From the Giant Swing via the prison park, we wander through small alleys, encounter traditional timber houses, with their guardian spirit shrines, fresh markets and much more. At the city pillar explore the amulet market here you will learn more about ancient Thai superstitions... The tour ends with a local lunch at one of the riverside restaurants.





## Day 4 Bangkok – Samut Songkram

This morning you travel to Samut Songkram, actually a fishing port, but much better known for its train market. Like most markets, food products are sold everywhere until the arrival of the train. As soon as the market sellers here the horn of the coming train all goods are quickly removed from the tracks. And once the train has passed, immediately put back, a real sight to behold!

## Day 5 Samut Songkram – Kanchanaburi

You will learn the simple life of the local fisherman. Ride on the boat running over shallow mud surfaces. You will get to see the swimming monkeys loving along the forest and have a chance to give them some fruits. Join in with the mangroves planting which helps with aid in local climate change. Next stop is Kanchanaburi. Although there is no electricity at River Kwai Jungle Rafts, oil lamps create a special atmosphere. Accommodation is basic, though comfortable, rooms with hammocks on the front porch and private bathrooms (with refreshing cold showers).

## Day 6 Kanchanaburi

In the morning after breakfast you join a nature conservation project (wildlife corridor) in which wild animals can pass safely between the lower half of Salakphra Wildlife Sanctuary and the Kwaе Yai River. A lot of emphasis is placed on the neighboring communities to create understanding and conservation awareness so the local communities live in harmony with the local wildlife.

## Day 7 Kanchanaburi

More sustainable jungle activities to try out such as wildlife tracking, organic farming, wood construction, spear fishing, honey hunting, and much more.





## Day 8 Kanchanaburi – Bangkok – night train to Surat Thani

The final day of activities before your transfer back to Bangkok where you catch the night train to the South!

## Day 9 - 11 Surat Thani Railway Station – Khao Sok

Upon arrival at Surat Thani railway station you will meet a private driver and transfer to your accommodation Anurak Community Lodge. The lodge is a peaceful retreat, set amid lush tropical vegetation and surrounded by breathtaking limestone cliffs, rising high above one of the oldest rainforests in the world, right on the edge of Khao Sok National Park.



## Day 12

### Khao Sok – Koh Tao

Time to say goodbye to the rainforest and take a ferry to the tropical island of Koh Tao.

## Day 13 - 15

### Koh Tao

Literally 'Turtle Island', Koh Tao is a classic tropical island, known for its beaches and abundant marine life. If you like snorkeling or diving, this is the place to be. Koh Tao is known for its tropical coral reefs, with species including whale sharks and rays. Hawksbill and green turtles gather here to breed. A true slow life experience.

## Day 16

### Koh Tao – Hua Hin

From Koh Tao you take a ferry to Chumphon and continue by car to the old resort town of Hua Hin. You can explore the old part of town, sample some great seafood in local restaurants, or just relax on the beach.

## Day 17

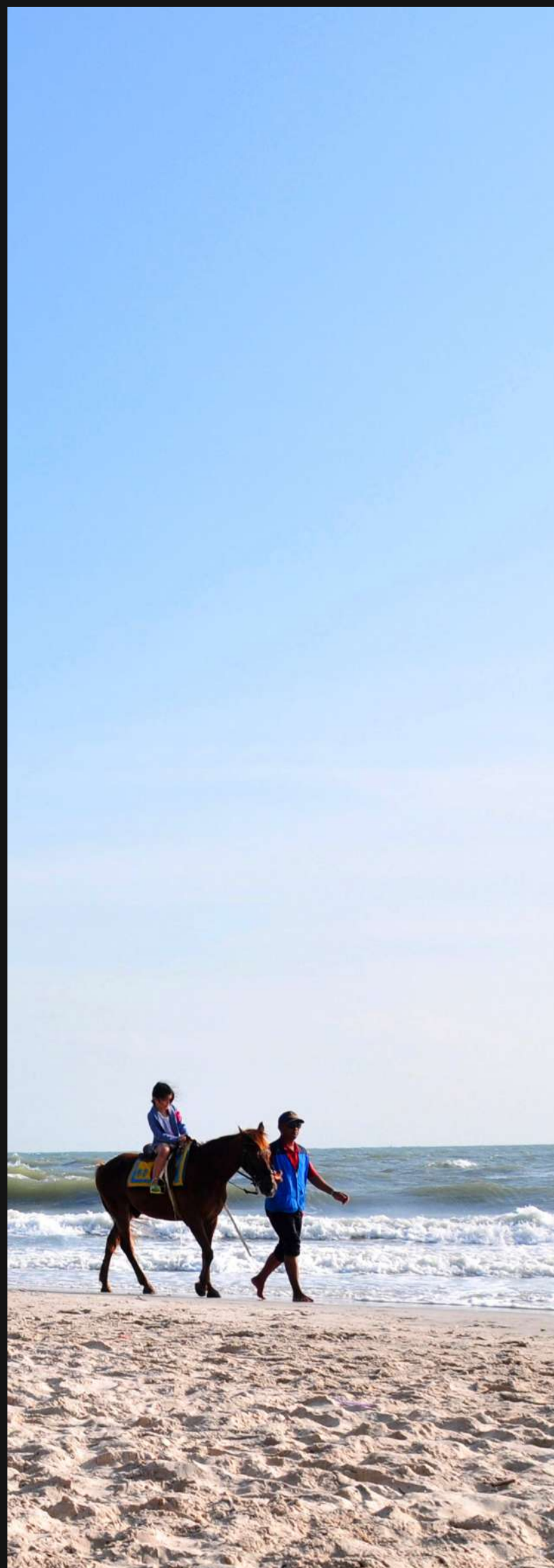
### Hua Hin – WFFT Wildlife Rescue Centre

One of our air-conditioned cars will pick you up at your hotel and take you to the WFFT Wildlife Rescue Centre. You'll see most of the 350 rescued animals at the Wildlife Rescue Centre, hear their stories and learn why they are living at the center.

## Day 18 - 19

### Hua Hin

We traveled to Thailand's first coastal national park, Sam Roy Yod. This is a small but fascinating area of limestone mountain, coves, beaches, island and marshy wetlands, home to a great number of plants, birds and some endangered animals.







## Day 20 Hua Hin – Bangkok

Leisure time until departure for your transfer back to Bangkok.

Have a safe trip home!



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